

Family Nurturing Center Programs

Family Nurturing Center provides a comprehensive array of programs and services designed to help children and families. Services include:

Child Abuse Treatment Services Individual and group therapy for child victims of abuse: sexual, physical, domestic violence, emotional/neglect and other violent crimes. These free programs include a case management component, individual and family counseling, social and healthy coping skills groups, and therapeutic groups for child sexual abuse victims.

Community Education and Training Specialized fee-based training programs and seminars covering topics such as parenting, child development, child abuse recognition and reporting, impacts of abuse, the nurturing philosophy and more.

Every Parent's Library A free parenting video lending service for expectant parents and parents with children ages birth to 2 years. Each video will provide parenting advice from the experts for developing parenting skills, ways to reduce stress, and methods to improve your child's health.

H.O.P.E. (Helping Others Parent Effectively) Comprehensive parent education and support for families referred by Hamilton County Job and Family Services. Services may include parent coaching, parent-child interaction therapy, and group-based programming.

Kids on the Block Child abuse education and awareness program using life-size puppets in local elementary schools and community events. This free traveling puppet troupe gives children the tools they need to recognize, resist and report child abuse.

Protect and Comfort Infants (PACI) Public education program delivers information on ways to soothe and comfort infants and the dangers of shaking a baby. This free service is available to local hospitals and the community at-large.

Nurturing Parenting Programs Family-based parenting education programs proven to help families develop healthier; stronger relationships. A variety of curricula are available including programs for parenting of infants and toddlers, school age and adolescent children, as well as the Nurturing Fathers Program. These free programs are provided in Boone, Campbell, and Kenton counties.

Visitation Supervised visitation promotes healthy relationships between children and non-custodial parents. Our Facilitated Visitation programs occur in Hamilton County location for families referred by Hamilton County job and Family Services.

Family Nurturing Center is dedicated to ending the cycle of child abuse by promoting individual well-being and healthy family relationships. Since 1979, Family Nurturing Center has been at the forefront in providing quality, innovative and effective child abuse prevention, education and treatment programs.

Most direct service programs are offered at donated sites across Northern Kentucky. Strong community support, a dedicated staff, and the spirit of volunteerism allow this agency to provide quality programs in a very cost-effective manner. Many FNC services are offered free of charge.

Please call (859) 525-3200 or visit www.familynurture.org for more information.



Family Nurturing Center®

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Darkness to Light

Stewards of Children®

Family Nurturing Center



Stewards of Children®

The Darkness to Light program, Stewards of Children, is the only nationally available program proven to increase knowledge, improve attitudes and change child-protective behaviors. Stewards of Children changes how adults responsibly prevent, recognize, and react to child sexual assault.

● Who uses the program?

Stewards of Children is for any responsible adult who cares about the protection of children such as parents, grandparents, caregivers, teachers, and adults who contribute to community safety, health, and economic growth. It is also appropriate for youth-serving organizations, sports leagues, day care centers, after school programs, children's clubs, and church groups. HR departments, EAPs and other employee support organizers in corporations and businesses often request Stewards much like other health & wellness or life enrichment / life balance education opportunities.

● What topics are covered in Stewards of Children?

- Facts about the problem of child sexual abuse.
- The types of situations in which child sexual abuse might occur.
- Simple, effective strategies for protecting children from sexual abuse.
- The importance of talking about the prevention of sexual abuse with children and other adults.
- The signs of sexual abuse so you that you might intervene and be able to react responsibly.

● How is the program delivered?

Family Nurturing Center provides the Stewards of Children program in a group setting. Trained and authorized facilitators lead the program.

● What outcomes can I expect?

- Increased awareness of the prevalence, consequences and circumstances of child sexual abuse
- New skills to prevent, recognize and react responsibly to child sexual abuse
- Proactive, positive input to change organizational policies and procedures
- Individual commitment to action via a personal prevention plan

● Distinctive features of the program:

- This program details 7 easy, basic, steps adults can take to better protect children as well as any programs or services represented in schools and other youth serving organizations.
- 3-part DVD presentation integrating commentary and practical guidance by survivors, experts and other concerned adults on effective prevention and quality intervention
- Interactive workbook designed to facilitate discussion, reinforce key concepts, and serve as a resource guide and personal action plan for resolving child sexual abuse
- Facilitator-led discussion about important issues in sexual abuse prevention and the relevance of these issues within the community and organizations that serve children

● How long does the program take to complete?

Stewards of Children typically takes about 2.5 - 3 hours. Think about it – in just 2.5 hours, you'll have the information you need to better protect every child you know.



Did you know?

- 1 in 4 girls and 1 in 6 boys will be sexually abused by the age of 18.
- It is likely you know an offender. 90% of offenders are known and trusted by the family and/or child.
- 40% of child sexual assault victims are abused by older or larger children.
- More than 80% of sexual abuse cases occur in one-adult/one child situations.
- The primary reason that the public is not sufficiently aware of child sexual abuse as a problem is that 73% of child victims do not tell anyone about the abuse for at least a year. 45% of victims do not tell anyone for at least 5 years. Some never disclose.

Darkness to Light is a charitable organization that created the Stewards of Children program.



To schedule a facilitator led training, contact our Director of Outreach at 513-338-0579 or visit www.familynurture.org

“I had been an educator for over 13 years when I went through the Stewards training. I'm embarrassed about the knowledge I didn't have. The statistics frightened me and hit home as I looked at a classroom of students and realized all they are dealing with. I feel responsible to educate not just the kids sitting in my room, but compelled to educate the village around them. The safety and well being of a child is the most important thing we do in this world—they keep this world going.”

- Stewards of Children participant