



Pathway: How to get into a detox center?

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Steps	<ul style="list-style-type: none">• An individual or family/friends can initiate acceptance into a detox program. See reference to Casey's Law in Other Info section below.
Local Resources	<ul style="list-style-type: none">• Transitions, Inc (Droege House - 859-291-1043). Openings for detox are very limited in northern Kentucky, especially for women. You may have to call daily to see if space is available.• In Cincinnati, Center for Chemical Addictions Treatment (513-381-6672)• Saint Elizabeth Medical Center Behavior Health Center (859-301-5966) may provide services if life is threatened. There may be a cost.
Web Resources	<ul style="list-style-type: none">• National Drug and Alcohol Treatment Referral Routing Service.• Intervention Resources.
Other Information	<ul style="list-style-type: none">• The need for detox can be driven by many causes; alcohol, cocaine, heroin, marijuana, meth, opiates are examples. Detoxification is often the first step in overcoming an addiction. It safely manages the physical symptoms of withdrawal that are associated with stopping drug use. Medications can also be given at this time to stabilize an addict's life and reduce drug use.• The United States Department of Health and Human Services acknowledges three steps in a drug detoxification process:<ul style="list-style-type: none">○ <i>Evaluation:</i> Upon beginning drug detoxification, a patient is first tested to see which specific substances are presently circulating in their bloodstream and the amount.○ <i>Stabilization:</i> In this stage, the patient is guided through the process of detoxification. This may be done with or without the use of medications but for the most part the former is more common. Also part of stabilization is explaining to the patient what to expect during treatment and the recovery process. Where appropriate, people close to the addict are brought in at this time to become involved and show support.○ <i>Guiding Patient into Treatment:</i> The last step of the detoxification process is to ready the patient for the actual recovery process. As drug detoxification only deals with the physical dependency and addiction to drugs, it does not address the psychological aspects of drug addiction. This stage entails obtaining agreement from the patient to complete the process by enrolling in a drug rehabilitation program.• Casey's Law refers to the Matthew Casey Wethington Act for Substance Abuse Intervention. The law became effective in Kentucky in 2004 and was inspired by Casey Wethington's death of a heroin overdose at age 23. The law allows the parents, relatives, or friends of an addicted person to lawfully intervene and request involuntary, court-ordered addiction treatment for their addicted loved one. For more information on Casey's Law, download this brochure or visit the Casey's Law website.