



Pathway: How Do I Find Parenting Classes?

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Guidance	<p>When you are exploring parenting classes, there are four major questions to ask yourself:</p> <ul style="list-style-type: none">• Is this to fulfill a court order? If so, you will need to ask enough questions of your judge/probation officer/attorney AND of the organization that conducts the parenting classes to ensure that the classes taken will fulfill the court order. If not, then you can ignore the questions.• How do I learn best? Do you prefer to interact with other peers or would you rather have a one-on-one learning environment? Would you rather have a mixed-gender class or be in a class of only mothers or fathers like yourself? Would you do better in your home or in a classroom? Are you able to learn through videos or via online classes?• Can I afford to pay for these classes? Almost all online classes cost money (\$25 - \$200 per full program) while <i>most</i> local classes through social service organizations are free.• Do I prefer a faith-based approach? Would the underlying messages of a faith-based organization be a turn-off or an added bonus to your learning? <p>After answering these questions—by yourself or with the help of someone you trust—you can begin the process of finding the right class for you:</p> <ol style="list-style-type: none">1. Research the classes. Do an online search and/or use the resources listed below.2. Ask lots of questions. Don't hesitate to keep asking enough questions until you understand everything you need to know and if you are eligible. Times and dates, length of programs, how many people in the class with you, how old your kids are, whether you have to be a first-time parent, if this is an in-home program, supplies needed, etc.3. Get started. The sooner you get registered, the sooner you will be able to finish your classes and become a better parent.
Local Resources	<ul style="list-style-type: none">• Every Child Succeeds: in-home parenting education and support for first-time parent(s) in Boone, Campbell, Grant, or Kenton Counties, must be registered before child is 3 months old; call 513.636.2830 for information and to refer/enroll.• CareNet Pregnancy Center: options include new mothers classes, fatherhood classes, and discipline classes for children ages 2 – 12. Attendance can earn incentives such as diapers, car seats, etc.• Catholic Charities: classes for mothers or fathers focus on communication and appropriate discipline for children of all ages and are offered year round on multiple nights; 859-581-8974• Family Nurturing Center: multiple options of nurturing parenting classes broken down by categories of age (0-4, 5-12, 13+), non-custodial, and

	<p>fathers; classes offered seasonally; video borrowing program available as well.</p> <ul style="list-style-type: none"> • Rose Garden Home Mission: offers 12-15 week classes for mothers, fathers and couples which are specific according to the age of the child (born or preborn) and are free of charge for all participants. 859-491-ROSE
Web Resources	<ul style="list-style-type: none"> • Every Child Succeeds. The mission of Every Child Succeeds® (ECS) is to offer Greater Cincinnati and their families support to ensure an optimal start for their children. • http://www.usa.gov/Topics/Parents.shtml: Government website on everything parenting • http://www.pbs.org/parents/: website focused on reading and learning in general • http://www.loganparentingclasses.com/: online parenting classes website • http://courseforparents.com/website/: online parenting classes website.
Other Information	<ul style="list-style-type: none"> • Be careful with online parenting classes. They may not fulfill the court-ordered requirements and some are even borderline scams.